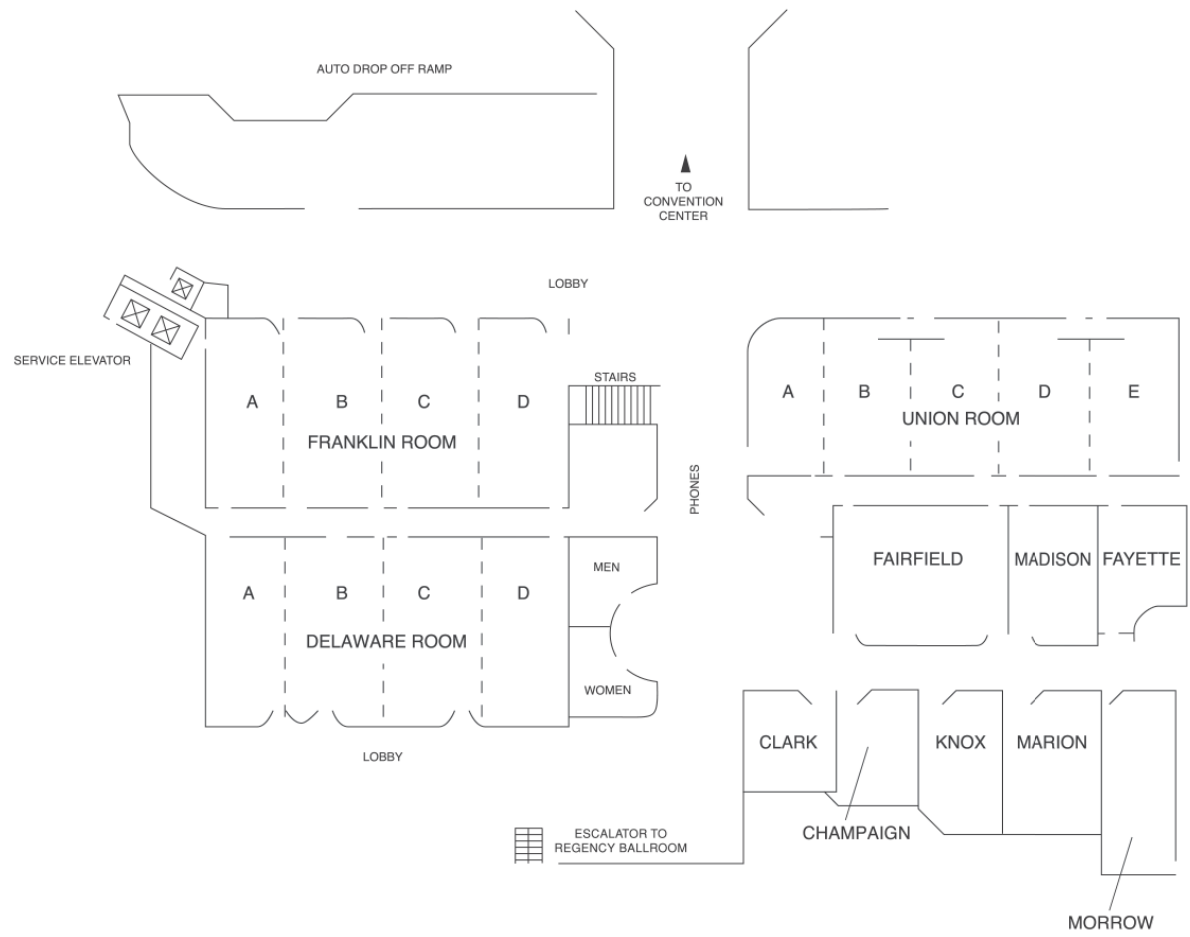




**Anchor
Academy**






SCHEDULE

FRIDAY

TIME	EVENT	LOCATION
4:30-5:30 p.m.	Welcome Reception	Madison
5:30-6:30 p.m.	Welcome and Dinner	Delaware Ballroom
6:45-8:45 p.m.	Training Tracks advisory team chair vp: communications vp: member education vp: programming vp: Foundation	Union A Union B Union C Union D Union E

SATURDAY

8-9 a.m.	Breakfast	Delaware Ballroom
9-11 a.m.	Training Tracks advisory team chair vp: communications vp: member education vp: programming vp: Foundation	Union A Union B Union C Union D Union E
11:15 a.m.-12 p.m.	Breakout Sessions <i>collegiate attendees</i> advisory team chair training track	Various Locations Union A
12:15-1:30 p.m.	Lunch and Alumnae Panel	Delaware Ballroom
1:45-2:45 p.m.	Training Tracks advisory team chair vp: communications vp: member education vp: programming vp: Foundation	Union A Union B Union C Union D Union E
2:45-3:15 p.m.	Snack Break	Delaware Foyer
3:15-4 p.m.	Breakout Sessions <i>collegiate attendees</i> advisory team chair training track	Various Locations Union A

TIME	EVENT	LOCATION
4-5:30 p.m.	Rest Break	
5:30-6:30 p.m.	Strengths and Your Team	Delaware Ballroom
6:30-7:30 p.m.	Dinner	Delaware Ballroom
7:30-9:30 p.m.	Sisterhood Social	Madison
SUNDAY		
8-9 a.m.	Breakfast	Delaware Ballroom
9-11:30 a.m.	Training Tracks advisory team chair vp: communications vp: member education vp: programming vp: Foundation	Union A Union B Union C Union D Union E
11:30 a.m.-12 p.m.	Boxed Lunch Pick-Up	Delaware Ballroom
12 p.m.	Bus Departures	

Announcements and Reminders

Elevator Loads

The large number of attendees at our event can sometimes pose a challenge with elevator loads at the hotel. If you know that you need to use the elevator, please leave early and be patient.

Emergency Contacts

If have an emergency or are in need of assistance during the event, EO Staff members are on-site for the full event.
Lexie: (801) 518-9679

Sunday Departures

On Sunday morning, please plan to check out of your room and bring all luggage to the designated luggage storage room prior to breakfast and session start time. Facilitators will share where your luggage storage location is located.

Flight Delays or Concerns

If you experience any travel issues, delays or cancellations that require you to rebook your flight, may cause you to miss a connection or arrive after the event starts, please first speak to the gate agent or airline customer service.

Then reach out to Debbie with Altour by emailing her at debbie.needham@altour.com or calling her at 972-643-4929 (9:30 a.m.-6:30 p.m. ET) should you need additional assistance. If you are calling after hours, please call 855-512-7952.



BREAKOUT SESSIONS

Breakout Session #1 • 11:15-12 p.m.

Breakout Session #2 • 3:15-4 p.m.

Anchor Academy breakout sessions are “choose your own adventure style” – meaning you can select from any of the sessions that most interest you.

We recommend you strategize with the other attendees from your chapter to choose who will attend each session. This will allow you to share what you learned with each other afterward.

Note: Breakout sessions will be attended by all collegiate attendees. Adviser attendees will continue in the adviser training track as outlined in the event schedule.

Centering Belonging as a Leader

Fayette

The ability to center belonging as a leader is one of the most important leadership skills you can use in order to succeed. In this session, we will learn what belonging means, why it matters as well as key methods for cultivating a sense of belonging in your leadership role. You will leave this session with an understanding of inclusive leadership and communication skills.

Protecting Your Peace: Mental Health Strategies for Officers

Marion

Do you ever think about all of your responsibilities and feel a little..... overwhelmed? In this session, we will discuss ways for CMT officers to take control of their mental health and set maintenance goals to prioritize their mental well-being.





One Size Does NOT Fit All

Morrow

Feeling overwhelmed and burnt out from your packed schedule? Students juggle numerous academic, campus and personal responsibilities, all while facing the pressure to create a well-rounded event calendar. This breakout session will offer a strategic approach to planning programs, meetings and events that prioritize people. It will also provide leaders with an opportunity to reflect on past calendar development successes and challenges, helping to create more meaningful and manageable plans moving forward.

Telling Your Story: The Disney Way!

Madison

Keep the magic alive! In this session, you will learn how to effectively tell your story as a Delta Gamma leader, with inspiration from the world of Disney. You will leave this session with a developed elevator pitch and tools to effectively sell yourself in the professional world and beyond.

Quiet Your Inner Critic

Champaign

Have you ever felt like you don't belong or aren't good enough? Did you know that these are common feelings for college students? In this session, we will learn about imposter syndrome and discover strategies to build confidence and resilience. Let us help you combat that self-doubt!



ALUMNAE PANEL

Saturday Lunch



**Catherine Egley
Waggoner**

Delta Pi-Southern
Mississippi

Catherine is currently a professor and acting chair of the communication and digital media program at Wittenberg University. She served as Delta Pi chapter president, Field Consultant (now known as CDC) and worked as a resource development coordinator at EO, where she started DG's first women's issues and wellness program.

Cathy credits Delta Gamma as one of the most influential forces in her professional life, building her confidence to tackle new challenges outside of her comfort zone, shaping her research interests and teaching her to never take for granted the incomparable power of women's friendships. She lives in Springfield, OH, with her husband, Dana. They have two sons, Ian and Graham.



Joyce Lansdale

Epsilon Eta-Indiana
University of Pennsylvania

Joyce is the vice president of enterprise business development for Vallen Distribution. Joyce led the formation of their first employee resource group (ERG), VICKIE, dedicated to supporting women's career development. She was awarded the Modern Distribution Management Women in Distribution Award and was the March 2024 cover story of the Industrial Supply Magazine.

As a collegian, Joyce held the positions of Foundation chair, social chair and Panhellenic delegate. Joyce is stepmom to Reese, an Alpha Gamma Delta at Ohio State, and Taylor, a Delta Upsilon at Miami University (Ohio).



Tara Vadjon
Zeta Rho-Ohio

Tara is an executive director, HR business advisory for JPMorgan Chase. She leads the HR team for Chase Travel Group, providing strategic leadership and supporting over 4,000 employees across eight countries. She is passionate about understanding the business, building relationships and making connections to drive results and development of talent at all levels.

She earned her B.S. in Organizational Communication with a minor in Business Administration from Ohio University. Tara resides in Galena, Ohio with her husband, Ilija, and three sons, Nick, Ian and Mikey.



Leslie Loop Martin
Gamma Rho-Wittenberg
Panel Moderator

Leslie resides in Columbus with her husband, Ryan, and two teenagers, Mary and Patrick. She's an alumna of Wittenberg University and The Ohio State University where she received her Masters in Public Health.

Through her work, Leslie seeks to amplify women's philanthropic voices and is passionate about celebrating women's fraternal organizations as relevant, vibrant and highly beneficial components of the higher education experience and beyond. Leslie celebrates her fifth year as Foundation Executive Director this year and 20 years of service as an Executive Offices staff member.

***There are countless opportunities
to engage with DG as an alumna!***

To learn more about the alumnae experience, visit
www.deltagamma.org/our-membership/alumnae.