



Alcohol Skills Training Program Adviser FAQ

The Alcohol Skills Training Program (ASTP) is coming to the Delta Gamma chapter you advise! As a direct supporter of Delta Gamma, we want to give you an overview of this exciting programming and how we plan to do good by promoting responsible decision-making.

WHAT IS ASTP?

The Alcohol Skills Training Program (ASTP) is unlike most alcohol programs because it acknowledges that college students drink. Rather than trying to impose abstinence on college students, it recognizes that any steps toward risk reduction are steps in the right direction. ASTP aims to educate students about alcohol-related behaviors while increasing their interest in critically examining their drinking patterns and eventually implementing the skills they learn. ASTP is a program that collegiate members of other fraternities and sororities have praised as the most effective and impactful alcohol education program they have experienced.

HOW WAS MY CHAPTER SELECTED?

All Delta Gamma chapters will receive ASTP every four years in a rotation. ASTP is one of the many educational programs that is delivered to chapters on a scheduled, rotational basis. Delta Gamma continues to be committed to providing our collegiate members with unparalleled educational opportunities and resources. When a chapter receives ASTP it will count as the chapter's social responsibility program for DG Dialogues.

WHO SHOULD ATTEND ASTP?

Delta Gamma's goal is for all collegiate members to participate in ASTP, with every chapter having 100% attendance for their presentation. New members are expected to attend and will count in the roster total. Provided along with this chapter preparation guide is the Act with Intention: Health & Well-Being Series Terms & Conditions which will further outline chapter attendance expectations. This program is meant to be a conversation shared only between the chapter members and trained facilitators. To encourage open dialogue and honest reflection, we ask that advisers, house directors and other members of the fraternity/sorority community do not attend the presentation.

WHO WILL FACILITATE THE PROGRAM?

Delta Gamma has selected a team of trained facilitators to help bring ASTP to our chapters. The facilitation team consists of CDCs, higher education professionals, staff from other fraternity and sorority headquarters and Delta Gamma alumnae. The chapter will be informed of their facilitator through an introduction email.

WHAT IS THE TIME/DATE FOR ASTP?

Collegians will be responsible for working with the assigned facilitator to select a date and time that is mutually agreed upon for the program. They must work with your facilitators' availability to set the date and time of the workshop. The program will take two hours to facilitate.