



TASTEFULLY BUZZED

Chapter Preparation Guide

ALCOHOL AND SUBSTANCE MISUSE PREVENTION



Delta Gamma
1873

Updated April 2024

PROGRAM INFORMATION

Tastefully Buzzed is a growing movement in the fraternity/sorority industry, working to change the culture of alcohol consumption in the collegiate member experience in a positive way. They celebrate students who choose not to drink, and their content helps students reduce overall alcohol consumption. The mission is to help students reshape goals, rethink choices and take ownership of their social decisions, especially where alcohol or substances are considered popular. This program aims to decrease risk-related experiences when consuming alcohol through fun and positive decision-making. This conversation focuses on 3 specific topics to reevaluate the drinking culture of your chapter and your Greek community.

CHAPTER REGISTRATION

If your chapter has been contacted to register for this program, please follow the directions below.

1. Go to: <https://calendly.com/tastefullybuzzed>
2. Select BAB Women's Presentation
3. Select a 30-minute program timeslot
Note: It is recommended that you include this in your already scheduled weekly chapter meeting time for best attendance results
4. Complete the requested details
5. Schedule your program by the specific date shared by Executive Offices

PROGRAM LOGISTICS

This program will take place on Zoom. Once you schedule your date/time, BAB will share the Zoom information with you. Please be aware of the request from BAB about the program set up to participate in the virtual program:

"The best format to present is when your Zoom is connected to a big screen. Before the presentation, please make sure this is done so we can see all of you, and you can see us!"

ADDITIONAL INFORMATION

- If you would like to learn more information about this program, you can check out their [website](#) as well as their social media: @tastefullybuzzed
- All participants will complete the participation assessment at the end of the Tastefully Buzzed conversation to receive credit.

NEED ASSISTANCE?

If you have additional questions or issues, please reach out to the assistant director for health and well-being, Kollin Fitzpatrick at kollin.fitzpatrick@deltagamma.org.