



DO GOOD WEEK



Participation Guide

Delta Gammas seek to do good every day! We pledged to do so when we accepted our bids to Delta Gamma. In fact, our Fraternity letters were chosen in 1873 because they represent our motto and desire to do good.

Anyone can participate, whether you are a sister, fraternal partner, friend, neighbor or simply a kind person hoping to make the world a little better.

Ready to *Do Good?*

Share

THE DO GOOD MESSAGE

- Post the official Do Good Week* image to your personal social media pages.
- Post the Do Good Week* flyer in shared spaces.
- Use #DGDoGoodWeek to share your do good story (or a friend's) on Instagram.
- Tell us how you did good by emailing us at TDME@deltagamma.org.

**Can be found in the DG library*

Do Good AS AN INDIVIDUAL

- Sign up to tutor students at a local school.
- Become a conversation volunteer for people learning English.
- Sign up for a local volunteering opportunity.
- Donate items to a charitable organization.
- Pay it forward in line at a coffee shop.
- Write a sincere note of appreciation to a friend, professor or colleague.
- Make care packages for your car that you can distribute to people you encounter who may be in need.
- Drop off meals to friends and neighbors.
- Shop for food and necessities for those that are for those that are unable to leave their homes.
- Donate to a cause you are passionate about.
- Deliver groceries through a local pantry or food bank.

Do Good AS A GROUP

- Collect items for a local shelter.
- Organize a food drive or fundraiser.
- Plant a tree or garden.
- Sign up for [Be My Eyes](#), a free app that connects people who are blind or visually impaired with sighted volunteers through a live video call.
- Host a group clean up day at a local park or beach.
- Quilt or knit blankets for local hospitals, NICUs or hospice centers.
- Connect with a local school to put together a drive to collect school supplies and books.
- Volunteer together in your community.
- Create an encouragement wall and fill it with positive statements.
- Support a local restaurant or small business.