



LET'S ADD

More  Good

TO THE WORLD

### October 9-16 is Do Good Week.

This is a week dedicated to putting more good into the world.  
No matter who you are, you can make a difference in someone  
else's day. How will you do good? Tear off an idea! #DGDoGoodWeek

*\*\*Please recycle this paper once all the tabs are torn off!*

#### **I will do good by ...**

Reaching out to a friend  
I haven't spoken to in awhile.  
#DGDoGoodWeek

#### **I will do good by ...**

Writing a sincere note of  
appreciation to a friend, professor,  
and/or community member.  
#DGDoGoodWeek

#### **I will do good by ...**

Supporting a local food bank  
with donations or my time.  
#DGDoGoodWeek

#### **I will do good by ...**

Building care packages I can share  
with people who are in need.  
#DGDoGoodWeek

#### **I will do good by ...**

Picking up trash in my local  
community. #DGDoGoodWeek

#### **I will do good by ...**

Donating items to a charitable  
organization. #DGDoGoodWeek

#### **I will do good by ...**

Signing up for a volunteering  
opportunity through Volunteer  
Match. #DGDoGoodWeek

#### **I will do good by ...**

Collecting items for a local  
shelter. #DGDoGoodWeek