



Delta Gamma

Foundation

Do Good Service: Remote and Social Distance Opportunities

Where to Start?

Contact every organization that you worked with last year and ask about any volunteer opportunities that they have today. Consider both in-person social distancing and remote options to allow each member to participate at her comfort level.

- In-person social distancing opportunities may include activities similar to last year such as assisting with office duties, decorating a bulletin board, sing alongs (members outside with elderly sitting by the windows).
- Remote options may include creating pen pals or phone buddies, participating in Zoom chats with students, making decorative crafts to be delivered to a senior residential home, making story boxes or other educational tools to deliver to a school for the blind.

Do Good: Service for Sight - Education:

- Create an educational social media campaign that every member of your chapter can share. Topics may include eye health, facts about blindness, advocacy, World Sight Day, White Cane Day, etc. Check the Foundation newsletters for additional ideas.

Do Good: Service for Sight - Visually impaired:

- bemyeyes.com
- bespecular.com
- Contact local school for the blind or any organization that supports people who are blind to ask how you can help.

Do Good: Service for Sight - Book-related sites that benefit visually impaired:

- storiitime.com/about
- bookshare.org/cms/get-involved/volunteer
- learningally.org/Get-Involved/Volunteer-Opportunities
- transcription.si.edu - Smithsonian Digital Volunteers transcribe field notes, diaries, ledgers, logbooks, currency proof sheets, photo albums, manuscripts, biodiversity specimens label. (Accessibility: Transcription turns handwritten and typed documents into searchable and machine-readable resources.)
- librivox.org

Do Good: Service for Sight - Seniors (at risk for visual impairments):

- Contact assisted living and senior residential homes in your town to determine their interest and approximate number of residents. Create a letter writing campaign on campus inviting all students to participate. Put several boxes on campus where letters can be dropped off. Chapter members should proof-read the letters to ensure the content is appropriate. Letters may then be delivered to the various facilities.
- lovefortheelderly.org
- Meals on Wheels
- Ask local nursing homes if you can donate puzzles, coloring books, magazines/newspaper, etc.
- Deliver fresh cut flowers, homemade goodies, etc. from your yard to elderly.
- Create pen pal program with assisted living facility.
- Record video messages to residents.
- Record audio books (ask about ability to play).
- Adopt a senior DG and send monthly notes, call, arrange for rides if needed/comfortable, etc.

Do Good: Service for Sight - Military:

- operationgratitude.com
- hireheroesusa.org/volunteer/ - Mock Interviews & Career Counseling + more

Volunteer finding platforms:

- idealist.org
- catchafire.org/volunteer
- dosomething.org
- volunteermatch.org
- allforgood.org
- pointsoflight.org
- activategood.org
- livegenerously.com

General Ideas/Tips:

- Utilize your skills (graphic design, coding, web design, writing/grant writing, etc.)
- Connect DGs to support DGs (DG owned businesses, elderly, etc.).
- Clean out your closets! Donate or host a garage sale (donate \$ to DG Foundation).
- Be a role model. Wear a mask, stay 6 feet from others, and follow guidelines of the CDC.
- Show appreciation to health care workers, police, firefighters, grocery store workers by inspirational signs, chalk messages, package of goodies, cup of coffee, etc.
- Take care of yourself!

With the challenges presented with social distancing and remote volunteering, members may choose to do individual service hours rather than group activities. Be flexible and ask members to strive to do good for Service for Sight as well as doing good in their communities.