



Behavioral Threat Assessment Rubric

CLASSIFYING RISK	EXAMPLES	ACTION STEPS
MILD RISK <ul style="list-style-type: none">• Disruptive or concerning behavior.• May or may not show signs of distress.• No threat made or present.	MILD RISK <ul style="list-style-type: none">• Causes roommate disturbances or conflict amongst friends.• Uncharacteristically misses classes or chapter events.• Begins to fall behind on membership responsibilities.• Stopped coming to dinner and only eats in their room.	MILD RISK <ul style="list-style-type: none">• Reach out to the member to let them know you miss them at chapter events and share your concern.• If necessary, follow the steps outlined in the Recommended Practices for Managing Individual Emotional/Mental Health Concerns document in the website library.• File any necessary APNs or SORs.• Notify your HBA of your concerns, if she's not already aware.

MODERATE RISK	MODERATE RISK	MODERATE RISK
<ul style="list-style-type: none"> • More involved or repeated disruption. Behavior more concerning. Likely distressed or low-level disturbance. • Possible threat made or perceived. • Threat is vague and indirect. • Information about threat or threat itself is inconsistent, • implausible or lacks detail. • Threat lacks realism. • Content of threat suggests threatener is unlikely to carry it out. 	<ul style="list-style-type: none"> • Continuously yells at roommates and friends. • Frequently misses classes or chapter events. Grades begin to suffer. • Falls significantly behind on membership responsibilities. • Uncharacteristic drug or alcohol use. • Noticeable change in relationship with food/diet/exercise or a history of disordered eating behaviors. • Previously engaged in self-harm or cutting behaviors. • Makes comments like, "I am going to punch someone." • Hot and cold. "One day she is fine and the next day she screamed at me when I asked them a question." 	<ul style="list-style-type: none"> • Consult your chapter's Campus Resource Sheet and review options with the member. • Encourage member to consider options for support through counseling (cannot be mandated or imposed as a sanction by HB). • Follow the steps outlined in the Recommended Practices for Managing Individual Emotional/Mental Health Concerns document in the website library. • File any necessary APNs or SORs. • Continuing working with your HBA and notify your ATC of your concerns, if she's not already aware.

ELEVATED RISK	ELEVATED RISK	ELEVATED RISK
<ul style="list-style-type: none"> • Seriously disruptive incident(s). • Exhibiting clear distress, more likely disturbance. • Threat made or present. • Threat is vague and indirect, but may be repeated or shared with multiple reporters. • Information about threat or threat itself is inconsistent, • implausible or lacks detail. • Threat lacks realism, or is repeated with variations. • Content of threat suggests threatener is unlikely to carry it out. 	<ul style="list-style-type: none"> • Roommates and friends are vocal about their concerns for the member's well-being. • Does not seem to care about academic, personal, or chapter responsibilities. • Frequent drug or alcohol misuse/abuse. • Use of prescription medication without a prescription. • Exhibiting signs of disordered eating behaviors. • Exhibiting minor changes in physical appearance or self-care (e.g. sleeping, bathing, grooming). • Engages in self-harm or cutting behaviors but is behaving "normally" otherwise. • Prior suicide attempt. • Extreme overreactions (loud tone and harsh language) to items you think are "normal". • Makes comments like, "I wish we could run over pedestrians; I hate waiting for them." • Makes comments like, "What's the point? Life doesn't matter anyway." 	<ul style="list-style-type: none"> • Consult your chapter's Campus Resource Sheet and review options with the member. • Strongly encourage the member to consider options for support through counseling (cannot be mandated or imposed as a sanction by HB). • Follow the steps outlined in the Recommended Practices for Managing Individual Emotional/Mental Health Concerns document in the website library, if you've not already done so. • File any necessary APNs or SORs. • Continue to work you're your HBA and ATC, and notify your RCS/NCC/CAC of your concerns, if she's not already aware. • Contact the collegiate success team (CST) at Executive Offices regarding next steps. EO will alert the relevant college/university staff/counselors, if appropriate.

SEVERE RISK	SEVERE RISK	SEVERE RISK
<ul style="list-style-type: none"> • Disturbed or advancing to dysregulation. • Threat made or present. • Threat is vague, but direct, or specific but indirect. • Likely to be repeated or shared with multiple reporters. • Information about threat or threat itself is consistent, plausible or includes increasing detail of a plan (time, place, etc.). • Threat likely to be repeated with consistency (may try to convince listener they are serious). • Content of threat suggests threatener may carry it out. 	<ul style="list-style-type: none"> • Roommates and friends are fearful of member's behavior. • May be MIA from academic, personal, or chapter responsibilities. • Consistent abuse of drugs and alcohol. • Exhibiting major changes in physical appearance or self-care (e.g. sleeping, bathing, grooming). • Appears they are not getting much sleep or have gone a long period of time without sleep. • Engages in self-harm or cutting behaviors with increasing severity. • Makes non-committal comments about giving their belongings away and/or begins shutting down social media accounts. • Makes comments about not wanting to live or examples of how they would take their own life. • Makes comments like, "If I can't go to the date party next week, I am going to hurt someone." • Makes comments like "No one would care if I died." 	<ul style="list-style-type: none"> • Call 911 if immediate risk is present. • Immediately contact your Collegiate success team (CST) at Executive Offices regarding next steps. EO will alert the member's emergency contact and the college/university, if appropriate.

<p>EXTREME RISK</p> <ul style="list-style-type: none"> • Dysregulated (way off baseline) or medically disabled. • Threat made or present. • Threat is concrete (specific or direct). • Likely to be repeated or shared with multiple reporters. • Information about threat or threat itself is consistent, plausible or includes specific detail of a plan (time, place, etc.), often with steps already taken. • Threat may be repeated with consistency. • Content of threat suggests threatener will carry it out (reference to weapons, means, target). 	<p>EXTREME RISK</p> <ul style="list-style-type: none"> • Roommates and friends are actively seeking assistance with how to help the member's safety and wellbeing. • Member is MIA from academic, personal, or chapter responsibilities. • Constant misuse/abuse of drugs and alcohol. • Begins giving their belongings away or openly discusses who will get certain possessions. • Recent/current suicide attempt. • Makes comments like "I wouldn't care if I died." or "I hope I never wake up." • Says, "I am going to kill myself" and has outlined specific details of how/when it would occur. 	<p>EXTREME RISK</p> <ul style="list-style-type: none"> • Call 911 if immediate risk is present. • Immediately contact the collegiate success team (CST) at Executive Offices regarding next steps. EO will alert the member's emergency contact and the college/university.
---	--	--

Adapted from the NaBITA Threat Assessment Tool, The NCHERM Group, LLC, 2014 ©