

SEXUAL MISCONDUCT PREVENTION AND SURVIVOR SUPPORT

Member Resource Guide



DELTA GAMMA IS COMMITTED TO CREATING A Culture of Care

Delta Gamma is committed to creating a Culture of Care—one that supports women and gives them the resources they need to support someone who has experienced sexual misconduct. The Fraternity's Culture of Care is all-encompassing, embracing every member at every level with sincere support and thoughtful inclusion. Grounded in ritual and Article II, a <u>Culture of Care</u> offers a spirit of purposeful camaraderie characterized by kindness and respect, exemplifying sisterhood at its best.

This resource guide has been designed with you in mind. Whether you are learning about a Culture of Care for the first time, you are a member looking for resources to help a survivor of sexual misconduct, or a survivor yourself, this document is for you. The survivor could be a member of Delta Gamma, but does not have to be. All of the resources provided are aimed to support all survivors.

Sexual Misconduct Prevention Education and Survivor Support Services

These resources should be utilized to support someone who has experienced sexual misconduct. Prevention education plays a key role in creating a Culture of Care within your chapter and community and equipping members with the skills needed to support others who may have experienced sexual misconduct or relationship violence.

THINGS TO KEEP IN MIND

Reporting is completely up to the survivor

- No chapter officer, member or Delta Gamma volunteer should share information about the situation without the survivor's consent.
- The decision to seek help can only be made by the survivor you cannot force them to share their experience or seek support.

Confidential vs. non-confidential resources

- Most campus professional staff and all faculty are often required to report suspected incidents of sexual misconduct as mandatory reporters.
- Victim Advocates, Survivor Support Services, Licensed Counselors, Healthcare workers and Clergy are confidential resources*.
 - *Note: Limitations apply if these sources feel the survivor may be in danger to themselves or others....
- Honor Board is a confidential space*; the Fraternity is not required to report information disclosed during that setting.
 - *Note: Chapter officers or advisers that are required to serve as Campus Security Authorities (CSAs) or mandatory reporters for their institution, those officers/advisers must share their CSA status with the chapter and/or individual member meeting with Honor Board so that the member can decide to speak with Honor Board or a member of Honor Board who does not serve as a CSA. CSAs are only liable to report the date, location, and a brief summary of any crime committed and do not share personal information with the institution.



HOW CAN YOU HELP

It is expected to feel anxious when approaching a situation when someone needs survivor support. If at any time you believe a victim of sexual misconduct may harm themselves or others, contact a confidential resource immediately.

"I don't know what to do."

- There is no perfect answer. The only right answer is to provide as much support and information as the victim needs or wants
- Be respectful of their experience. Sharing information with you is an act of courage; treat the situation as sensitively.
- Actively listen to them. Listening and providing a safe space for this person is a great way to live the values of Article II

"I'm afraid I might say the wrong thing"

- Remember, listening is the most important thing you can do
- This is not a time to ask questions. Leave those to the experts who are trained to support survivors of sexual misconduct.
- Believe, comfort and empower them. Here are some phrases that you can use to support someone in need:
 - · I believe you
 - · What you are feeling is normal
 - · It is not your fault
 - · You are not alone, I am here for you
 - · Thank you for sharing with me, that is very brave
 - · Thank you for trusting me with this information
 - · I want to support you in any way you need me to

"Who should I tell?"

- No one. It is not your place to tell anyone, unless you are explicitly given consent.
- Direct them to Honor Board. Honor Board exists to support members and find them the help and support needed.
- Share contact information and resources of those who can help. Encourage and empower them to get the support they need.



REMEMBER,
LISTENING
IS THE MOST
IMPORTANT
THING YOU
CAN DO.



DELTA GAMMA RESOURCES

Leda Health Partnership Services

Delta Gamma Fraternity is thrilled to announce our new organizational partnership (2023) with Leda Health. This collaboration aims to equip our collegiate members with the essential resources, education and support related to sexual assault prevention and response. Leda Health's mission to meet survivors where they are and provide them with the options and autonomy they deserve aligns seamlessly with promoting Delta Gamma's Culture of Care and members feeling supported and safe wherever they may be. To learn more about Leda Health, please visit their website.

To Access these resources, please review the <u>Leda Health Partnership Services</u> document in the DG Library.

Note: New updates and resources will be available during the 2024-2025 academic year.

DELTA GAMMA ORGANIZATIONAL SUPPORT

Time and space to take care of yourself. Delta Gamma understands the sensitivity of your situation. Therefore, you have the option to only meet with vp: social standards and the Honor Board Adviser to discuss your application for specific accommodations, if you so choose. (Section 4 of Standing Rules).

Extended Absence from Chapter Requirements:

- This accommodation should be made available for survivors of sexual misconduct and those accused of member-on-member sexual misconduct.
- Survivors of sexual misconduct can apply for Excused Status by submitting an application and scheduling a meeting with Honor Board.



 Honor Board or CMT can grant excused absences from anchored events for an extended period of time.

Request that Accused Individuals are not allowed access to DG facilities or events

- This accommodation should be made available to survivors of sexual misconduct perpetrated by non-members
- In the event the perpetrator has access to Delta Gamma facilities or events, a survivor can notify the chapter president or vp: social standards to initiate the process of restricting access of said individual until further notice*.



*Note: In this instance, the chapter president or vp: social standards would notify the necessary CMT officers and the chapter membership to alert them that said individual is no longer permitted in DG facilities or events with the survivor's consent.

Alternative Housing Options:

 This accommodation should be made available to survivors of sexual misconduct and the accused if they both live in the chapter facility (member-on-member).



• If the member consents, Honor Board may contact Executive Offices staff for additional guidance. It is essential to not share names of those involved in writing unless required by Executive Offices staff.

Virtual Honor Board Hearings:

 This accommodation should be made available to survivors of sexual misconduct and the accused to ensure they do not cross paths when attending Honor Board hearings (member-on-member)



· This would be done to prevent contact between the members involved.

CRISIS CALL/TEXT LINES

When contacting these hotlines or crisis text lines, you will receive:

- · Confidential support from trained staff or volunteers
- Support finding a local health facility that is trained to care for survivors of sexual assault and offers services like sexual assault forensic exams
- Local resources that can assist with next steps toward healing and recovery
- · Referrals for long-term support in the area
- Information about the laws in the community Basic information about medical concerns

National Sexual Assault Hotline

Phone: 800.656.4673 (US) Website: hotline.rainn.org/online

Access a range of free services including confidential support from a trained staff member, support finding a local health facility that is trained to care for survivors of sexual assault and offers services like sexual assault forensic exams, someone to help you talk through what happened, Local resources that can assist with your next steps toward healing and recovery and more.

24-Hour Crisis Hotline

Phone: 1.877.392.7583 (Canada)

The toll-free crisis line is answered by empathetic and skilled support workers. Crisis Line support workers are there to listen, to provide non-judgmental support and, if needed, to provide information on available counseling services or referrals to other community programs and organizations.

Crisis Text Line

Text: HOME to 741-741 (US) Website: crisistextline.org

Text: CONNECT to 686-868 (Canada) **Website:** <u>crisistextline.org/about-us/where-we-are/</u> US - Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support via a medium people already use and trust: text.

Canada - Crisis Text Line powered by Kids Help Phone is a service partnership between Kids Help Phone and technology pioneer Crisis Text Line, providing young people in Canada with the first-ever, 24/7, free nationwide texting service.

National Suicide Prevention (US)/ Suicide Crisis (Canada) Hotline

Phone: 988 (US & Canada)

This hotline provides 24/7, free and confidential support for distressed people, prevention and crisis resources for you or your loved ones, and best practices.

Salal Sexual Violence Support Centre

Phone: 1.877.392.7583 (Canada);604.255.6344 (Immediate Care – Canada)

Text: 604.245.2425 (Canada)

Website: salalsvsc.ca

Salal proudly serves women, trans, nonbinary, Two-Spirit, gender diverse and sex-working survivors. They provide crisis support, counseling, and justice assistance through in-person and virtual mixed-model support.



COLLEGE, UNIVERSITY AND COMMUNITY RESOURCES

Many of these resources are non-confidential resources and they are required to report the incident as described by the survivor to additional university administration and potentially campus police. If unsure about a resource's reporting status, the individual always has the right to ask about confidentiality before sharing.

Most likely be confidential resources:

- · Counseling Center (most campus counseling centers will be confidential resources)
- · Health Center or Women's Center
- Victim Support Services/Advocate
- · Campus Advocate (can be confidential resource, but not always)
- Clergy

Most likely be non-confidential resources:

- · Title IX Coordinator/Office
- · Dean of Students Office/Vice President for Student Affairs
- Fraternity/Sorority Advisors (staff)
- University Faculty/Staff
- · Resident Assistant (RA)
- · Campus Security Authorities (CSAs)

Independent local/community sexual assault service providers

Website: centers.rainn.org

Sexual assault service providers have highly trained staff that can aid in moments of crisis as well as resources for ongoing support related to sexual violence. Their services are usually free or low cost. They can offer information and resources including individual/group counseling, support groups, hospital accompaniment and community education, just to name a few.





This resource guide is for **all** Delta Gamma members.

It is our hope that every member is committed to creating a culture supportive of survivors of sexual misconduct.

If you are unsure of what to do, have additional questions or would like more information about the resources mentioned in this guide please contact the following at Executive Offices:

Operations and Member Services:

Member Services Department at crisis@deltagamma.org

Education and Resources:

Assistant Director for Health and Well-Being at kollin.fitzpatrick@deltagamma.org